

Clarity

BENEFIT SOLUTIONS™

+

 Truemed

Truemed
Participant Explainer

Use your **Clarity Benefit Solutions HSA or FSA** for more than you think.

Support prevention, recovery, and long-term health—while maximizing your pre-tax dollars.

THE BIG IDEA

Your HSA or FSA can do more than you think

Most people use their Clarity HSA or FSA for doctor visits and prescriptions.

With **Truemed**, you may be able to use those same pre-tax dollars on proactive health solutions that support your overall well-being.

That means more flexibility, more value, and more ways to invest in your health—before issues arise.

SAVE UP TO

30%

ON HEALTH
PRODUCTS WITH
CLARITY + TRUEMED

WHY IT MATTERS

Turn everyday health spending into real savings

When you use pre-tax HSA or FSA funds, you can save up to 30% compared to paying out of pocket.

Instead of spending after-tax dollars on health and wellness products, Truemed helps eligible individuals use their benefits in a smarter, more impactful way.



Learn more about us at claritybenefitsolutions.com

Truemed Participant Explainer

WHAT YOU CAN USE IT FOR

Support your health in more ways

Eligible products and services may include:

- Fitness equipment and gym memberships
- Wearables and activity tracking
- Sleep and recovery tools
- Light therapy and wellness technology
- Nutrition and metabolic health support
- Mental health and stress management
- Women's health and hormonal support
- Bone, joint, and immune health

All designed to help you take a more proactive approach to your health.

START WITH A HEALTH GOAL

Start with a goal—not a product

You don't need to know exactly what to buy.

Truemed connects you to a marketplace of thousands of brands and products. Simply explore by health category and find solutions aligned to your goals—from better sleep to improved energy, recovery, or overall wellness.

MAKE THE MOST OF YOUR FSA

Don't let your FSA dollars go to waste

If you have an FSA, unused funds may expire at the end of your plan year.

Instead of rushing to spend on items you don't really need, use your remaining dollars on meaningful health investments that support your long-term well-being.

FLEXIBLE PAYMENT OPTIONS

Choose what works best for you:

- Pay with your Clarity HSA or FSA (if qualified)
- Pay with a debit or credit card
- Split payments over time with installment options

HOW CLARITY + TRUEMED WORKS

A simple, guided process



Browse

Explore products and services that may be eligible for HSA/FSA use.



Choose

Shop directly from participating brands and add items to your cart.



Qualify

Complete a quick health survey for review by a licensed provider.



Pay

If approved, receive a Letter of Medical Necessity and complete your purchase using HSA/FSA funds or another payment option.



START EXPLORING TODAY

Visit www.truemed.com/a/clarity-benefit-solutions to discover eligible products and take a more proactive approach to your health.

Learn more about us at claritybenefitsolutions.com